



Your Trusted Partner in Mental Health Referrals

No Waitlist • Affordable Care • Easy Referrals

Why Doctors Choose SolutionFirst

When therapy is part of a patient's care plan, access matters. Many patients face delays, uncertainty, or frustration when trying to find the right therapist. SolutionFirst removes these obstacles, matching patients to a therapist who fits their needs, preferences, and budget—often within 24 hours.

WHAT WE OFFER

- ✓ **NO WAITLIST**
Patients matched with a therapist same day or within 24 hours
- ✓ **AFFORDABLE OPTIONS**
Online sessions starting at \$30; most insurance accepted
- ✓ **EASY REFERRALS**
One-page form in Accuro & PS Suite (Search: SolutionFirst)

HOW IT WORKS

- 1 **Refer in seconds** through **Accuro or PS Suite** (or add our simple **one-page referral form** to your **EMR**)
- 2 **We contact the patient directly** and **match them** with the right therapist—**same day**
- 3 **Free 20-minute consult** to confirm fit

WHO WE SUPPORT

- 60+ licensed therapists across Ontario
- Ages 10+ supported
- Therapy in 10+ languages
- Expertise in anxiety, depression, trauma, relationships, ADHD, burnout, and more



PROVEN & TRUSTED

- Partnered with 15+ clinics
- 300+ patients successfully matched with the right therapist

SolutionFirst Therapy



clients@solutionfirst.ca



647-765-5624



**REFERRAL
FORM**