



uptown
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Uptown Physiotherapy

Enhance your Health with Uptown

Email at

info@uptownphysiotherapyclinic.ca

Our Location

Uptown Physiotherapy
960 Tecumseh Rd E, Windsor, ON N8X 2S6

Website

uptownphysiotherapyclinic.ca

Call : 519-252-2752 for Appointment
Fax number : 519-971-7568

**Scan
for Location**



Uptown Physiotherapy: Expert care, holistic approach. We listen, treat, and empower you for lasting wellness.

Our Physiotherapists:

Elias Paul Cecil Jones, PT, Dip. AMPT, MCISc (MT), FCAMPT, Cert MDT, CIND. brings over two decades of global physiotherapy experience to Uptown Physiotherapy Clinic. With expertise in manipulative physiotherapy, pain sciences, and advanced musculoskeletal care, Elias is dedicated to improving patient outcomes. As an instructor, mentor, and researcher, he continues to shape the field through ongoing education and contributions to international organizations.

Jenita Princess Santhakumar, PT, MSC(Psych), MCISc(CMP), FCAMPT.

Registered Physiotherapist, brings over two decades of expertise to Uptown Physiotherapy Clinic. With advanced training in the McKenzie Method® and the Mulligan Concept, as well as certification in acupuncture, Jenita offers comprehensive care for musculoskeletal issues. Her focus on pain science and functional rehabilitation ensures optimal outcomes for her patients.

Our Speciality:

- Spinal manipulation
- Mechanical Diagnosis and Treatment
- Pain signs based rehab
- Mulligan concept
- Soft tissue and facial release
- Electrotherapy
- Shock wave therapy
- Laser therapy
- Ultrasound therapy
- Interferential Therapy
- Exercise therapy
- Injury specific training
- Functional movement training
- Gait and posture rehab

Our Strength:

- Campt certification practitioners
- One on one therapy
- State of the art equipment
- 7000 sq ft of therapy space
- Own free dedicated parking space

(A team willing with to go there extra mile with every patient walking in)

Our care includes:

- Motor Vehicle Accident
- Orthopedic/Sports Rehab
- Post-Surgical Rehab
- Spine Rehabilitation Programs
- TMJ Management
- Concussion and Post-Concussion Syndrome Therapy
- Chronic Pain Management
- Work-Related Injury
- Tailored Return-to-Work Program
- Ultraviolet Light Treatment for skin conditions
- Pelvic Health Physiotherapy
- vestibular Rehab
- Geriatric care and fall prevention

Our services:

- Physiotherapy
- Athletic Therapy
- Occupational Therapy
- Acupuncture
- Massage
- Dry Needling